



HDDDDMS

HRVATSKO DRUŠTVO ZA DIJABETES, DEBLJINU I
METABOLIČKI SINDROM HRVATSKOG LIJEČNIČKOG ZBORA



1st METABOLIC DAYS

— CROATIAN SYMPOSIUM —
ON DIABETES, OBESITY AND
METABOLIC SYNDROME

16. – 17.10.2026.
FRIDAY – SATURDAY

ZAGREB, CROATIA
HOTEL NOVOTEL



FRIDAY, 16.10.2026.

15:00	Opening Remarks
15:00 – 16:00	SESSION 1 Atherosclerosis and inflammation in patients with metabolic syndrome Moderators: Tamara Turk Wensveen, Mladen Grgurević
15:00 – 15:15	Metabolic syndrome and progression of atherosclerosis Matias Trbušić
15:15 – 15:30	When the Weight Is Lost, Is the Disease in Remission? Rethinking Long-Term Obesity Treatment Sanja Klobučar
15:30 – 15:45	Losing a smile as the price of being slim? Marin Vodanović
15:45 – 16:00	Discussion
16:00 – 17:00	SESSION 2 Systemic inflammation in obesity Moderators: Velimir Altabas, Alda Ranogajec
16:00 – 16:15	Metainflammation in obesity and type 2 diabetes: from experimental mechanisms to clinical intervention Tamara Turk Wensveen
16:15 – 16:30	Unravelling the connection: systemic inflammation, obesity and inflammatory arthritis Frane Grubišić
16:30 – 16:45	Inflammation and reproductive function in women with polycystic ovary syndrome Nenad Veček
16:45 – 17:00	Discussion
17:00 – 17:30	Satellite Symposium – Roche Accu-Chek SmartGuide - od mjerenja do predviđanja, evolucija CGM-a Mladen Grgurević
17:30 – 18:00	Coffee Break

FRIDAY, 16.10.2026.

SESSION 3	
18:00 – 19:00	What's new regarding the pharmacotherapeutic approach to obesity Moderators: Sanja Klobučar, Tomislav Božek
18:00 – 18:15	Incretin-Based Therapies for Obesity: How Far Have We Come and What Are the Remaining Challenges? Thomas Forst
18:15 – 18:30	Why Obesity is a Chronic Disease? Arya M. Sharma
18:30 – 19:00	Discussion
19:00 – 20:00	Satellite Symposium- Novo Nordisk Beyond Weight Loss: The Clinical Impact of Semaglutide in Obesity Management Tamara Turk Wensveen, Hrvoje Jurin, Tomislav Bulum
20:00	Opening Ceremony

SATURDAY, 17.10.2026.

SESSION 4	
09:00 – 10:00	The Most Exciting Diabetes Technology Updates in Type 1 Diabetes Moderators: Maja Radman, Božena Bradarić
09:00 – 09:15	AI enabled technology in Type 1 diabetes Tadej Battelino
09:15 – 09:30	Double diabetes in children and adolescents Lavinia La Grasta Sabolić
09:30 – 09:45	Fully closed-loop systems in Type 1 diabetes Mladen Grgurević
09:45 – 10:00	Discussion
Satellite Symposium – Eli Lilly	
10:00 – 11:00	Tirzepatide: How Clinical Evidence Shapes Therapeutic Decisions Tomislav Božek, Davor Miličić, Thomas Forst
Satellite Symposium – AstraZeneca	
11:00 – 11:30	Ebymect i Edistride - stari izazovi, nova rješenja Tomislav Božek, Ana-Marija Liberati Pršo
11:30 – 12:00	Coffee Break
SESSION 5	
12:00 – 13:00	The latest in Type 2 Diabetes Care Moderators: Slaven Kokić, Tomas Matić, Željka Crnčević Orlić
12:00 – 12:15	Glucose, weight and lipid variability & cardiovascular disease Dario Rahelić
12:15 – 12:30	Retatrutide triple hormonereceptor agonist in type 2 diabetes mellitus Maja Radman
12:30 – 12:45	Cancer incidence among users of Glucagon-like peptide 1 receptor agonists Tatjana Silovski
12:45 – 13:00	Discussion
Satellite Symposium – Abbott	
13:00 – 13:30	CGM u ranoj detekciji disglukemije: od metaboličkog rizika do pravovremene intervencije Sanja Klobučar

SATURDAY, 17.10.2026.

13:30-14:00	Satellite Symposium – Mediexpo SIBIONICS GS3 - Nova generacija CGM sustava pokretana umjetnom inteligencijom Tomislav Bulum
14:00 – 15:00	Lunch Break
15:00 – 16:00	SESSION 6 Endocrinological aspects of obesity and protection of target organ damage Moderators: Kristina Kljajić, Maja Bakula
15:00 – 15:15	Matching the Right Patient to the Right Strategy: Precision Medicine in Obesity? Velimir Altabas
15:15 – 15:30	Diabetic Kidney Disease: Current Treatment Strategies and Future Perspectives Tomislav Bulum
15:30 – 15:45	Obesity burden in menopause George Mastorakos
15:45 – 16:00	Discussion
16:00 - 16:15	Satellite Symposium – Astellas Može li menopauza biti bez valunga? Davorka Herman Mahečić
16:15 – 16:30	Satellite Symposium – Swixx BioPharma The insulin window: when is the right time to act? Ante Piljac
16:30 – 17:00	Coffee Break
17:00 – 18:00	SESSION 7 Non-pharmacological approach to treating obesity Moderators: Mirjana Kardum Pejić, Ante Piljac
17:00 – 17:15	The psychodynamics of obesity Darko Marčinko
17:15 – 17:30	Clinical inertia in the treatment of obesity Valerija Bralić Lang
17:30 – 17:45	And ...what about micronutrients? Ana-Marija Liberati Pršo

SATURDAY, 17.10.2026.

17:45 – 18:00 Discussion

Satellite Symposium – Medilab One

18:00-18:30 CGM u tipu 2 dijabetesa - klinička vrijednost izvan granica inzulinske terapije
Ante Piljac

Closing Ceremony